

Burden Bearers

#301, 9835 101 Avenue (Windsor Crt)
Grande Prairie, AB T8V 5V4
Phone: (780) 539-5225

Burden Bearers is a Christian based counselling society that provides support to individuals, couples, and families.

Catholic Family Services Grande Prairie

10105 102 Street
Grande Prairie, AB T8V 2V8
Phone: (780) 532-9381
Email: admin@cfsgp.ca

Catholic Family Services offers a sliding fee scale to make counselling obtainable to anyone regardless of income. They provide services to individuals, couples, families, and youth.

Calvary Counselling

#325, 9909 102 Street
Grande Prairie, AB T8V 2V4
Phone: (780) 831-8184
Email: dave@calvarycounselling.com

Dave Allen offers individual counselling for adults and youth. Sessions are available face to face, using video software or over the phone.

Fritzke Counselling & Psychological Services

#405 Aberdeen Centre, 9728 101 Avenue
Grande Prairie, AB T8V 5B6
Phone: (780) 533-3370
Email: fcps@telus.net

Bruce Fritzke works with families and individuals. He also offers evening appointments

Interactive Counselling

180, 10130 99 Avenue
Grande Prairie, AB T8V 2V4
Phone: (780) 512-8462
Email: info@interactivecounselling.ca

Interactive counselling offers in office and online counselling to individuals, youth, and couples. They also utilize an online calendar, so you are able to see what appointments are available and when.

Integrative Psychological Services

#103, 10418 99 Avenue
Grande Prairie, AB
Phone: (780) 897-0221
Email: vj.integrative@outlook.com

Vicki Juneau provides individual, family and couples therapy. She is trained in EMDR as well as Integrative Yoga Therapy.

Laurie Fisher Counselling & Consulting

#409, 9728 101 Avenue
Grande Prairie, AB T8V 5B6
Phone: (780) 539-4141

Laurie Fisher offers counselling to adults with a focus on anxiety and trauma. She is also an approved provider for first nations & Inuit health as well as first responders.

Solutions Psychological Services

8609 102 Street
Grande Prairie, AB, T8V 2S5
Phone: (780) 512-8812

Dr. Shirley Karseboom offers individual, child, and couples' therapy. She is trained in EMDR and Pet Therapy. She also works with First Nations Inuit Branch, Veteran Affairs, and the RCMP.

Clearwater Counselling Services

#103, 10418 99 Avenue
Grande Prairie, AB T8V 0S3
Phone: (780) 512-3786

Teryl Schollaardt has experience working with grief, couples, EMDR, and art therapy.

Balance Works

8801 94 Avenue
Grande Prairie, AB T8X 0H2
Phone: (780) 533-5433

Balance works provides counselling to adults and couples using an integrative approach.

GP Holistic Counselling Services

#101, 9856 97 Avenue
Grande Prairie, AB T8V 7K2
Phone: 1-877-540-9870

GP Holistic Counselling utilizes a holistic and client-centered approach to counselling. Services are offered to individuals, couples, and families.

MCG Counselling Services

#103 10418 99 Avenue
Grande Prairie, AB T8V 0S3
Phone: (780) 933-2494
Email: marci@mccounselling.com

Marci Copes-Generux offers services to individuals, teens, families, and couples. She is also an Emotional Freedom Technique Practitioner.

PMH Psychological Services

Located in 214 Place - North Tower
Phone: (587) 299-9687
Email: pmhpsych@me.com

PMH Psychological offers counselling for adults and elderly as well as consultations and assessments for children and youth.

Mellon Psychological Services

#419, 9728 101 Avenue
Grande Prairie, AB T8V 5B6
Phone: (780) 512-5301
Email: mpsservicesgp@gmail.com

Sheila Mellon is a registered psychologist who offers counselling to individual adults and adolescents.

Mount View Psychological

#103 10418 99 Avenue
Grande Prairie, Alberta T8V 0S3
Phone: (780) 897-7744
Email: mountainviewpsychological@gmail.com

Mount View Psychological utilizes a number of techniques to provide counselling to individuals, couples, and families.

Bear Creek Counselling

#104, 9814 97 Street

Grande Prairie, AB T8V 8H5

Phone: (780) 513-6333

Bear Creek Counselling has a total of 5 counsellors to offer support for individuals, children, and families. They also offer trauma therapies.

Botten Psychological Services

#101, 9856 97 Avenue

Grande Prairie, AB

Phone: (780) 538-0609

Providing counselling and assessment services for individuals, couples, families, teens, and children.

Calming Energy Counselling

#203, 9728 101 Avenue

Grande Prairie, AB T8V 5B6

Phone: (780) 978-3466

Email: calmingenergygp@gmail.com

Adele Rideout works with children, youth, and adults to counsel in the areas of anxiety, trauma, grief and lost, parenting, and stress.

Margot's Sand Therapy and Counselling

#103, 10418 99 Avenue

Grande Prairie, AB T8V 0S3

Phone: (780) 831-5595

Specializing in children's mental health and using sand play as a therapeutic approach.

Janet Tink Counselling

Email: jtink2@telus.net

Janet works with adults, youth, children and couples.

Paramount Psychology

#103, 10418 99 Avenue

Grande Prairie, AB T8V 0S3

Phone: 780-532-4944

Email: admin@paramountpsychology.com

A team of psychologists, social workers and counsellors offer the highest quality counselling services to children, youth, and adults with a wide range of presenting concerns

Counselling and Supports in Grande Prairie

Produced by Resource Centre for Suicide
Prevention

#200, 10014 99 Street (Nordic Court)
T8V 3N4

Email: info@sp-rc.ca to update
Last Updated: October 2020